

# PROGRESS REPORT 2018



**HUMANA**  
People to People Laos



**HUMANA**  
Fundación Pueblo para Pueblo

Progress Report 2018







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**Dear Partners, Friends, Stakeholders, Staff, and all the people actively contributing to the good results.**

**2018 - again a year with many achievements as a result of team work, collaboration and putting in the extra mile.**

**To our partners, who continuously contribute with financial and technical support and care. To the stakeholders, with whom we work closely to overcome daily challenges, both at national and local level. To our staff and volunteers, who represent our organisation on the ground, doing the daily work in the field and in the office. Last but not least, to the people whom we serve and who are active participants in activity design and implementation.**

**We wish to express our deepest gratitude to you all.**

**In 2018, we have continued to work closely with the National TB Centre and the Provincial Government in Bolikhamxay to Stop TB in Bolikhan and Pakkading Districts. We have made solid progress and will continue the fight.**

**In Khammouane, we have commenced work in 100 villages of 6 districts with Health Poverty Action and the Provincial and District Governments to improve nutrition and food security.**

**Progress happens through the many daily activities in conjunction with the communities.**

**Enjoy the report with its stories and accounts. We have enjoyed every moment of bringing them to life.**

**Once more, a big THANK YOU for 2018, and looking forward to 2019.**

**All the best,**

**Inger Damkjaer  
Country Representative  
HPP Laos**

**Gitte Hector  
Program Manager  
Humana FPP**



## Who we are and what we do

HPP Laos and Humana FPP are international NGOs that implement activities in Bolikhamxay and Khammouane Provinces, Laos. Leaders, of which 30 are Lao nationals. We work closely with 50 government staff at village, district and province levels. In 2018, our projects reached approximately 60,000 people.

The organizations are implementing quality community-led projects in order to empower people with knowledge, skills and tools to improve their well-being. We work in three main areas: Sustainable Agriculture and Environment, Health and Disease Prevention and Community Development. The organisations make use of programs developed by the global Humana People to People Movement. Individual programmes are developed in close cooperation with partners where ideas and experiences are shared.

Our work is based on the ethos of Solidary Humanism, which empowers people to drive their own development and ensures they lead decision making, implementation and ongoing evaluation of project activities.

The organizations employ 32 Project

Each project is led by an experienced Project Leader, who is supported by the national programme and finance offices. The project staff live and work directly in the target villages, and they mobilise and train community members to play an active part in their own development.



# Thematic Areas



## Sustainable Agriculture and Environment

- Developing the capacity of small-scale farmers to increase agricultural production by adopting environmentally friendly and sustainable farming practices
- Organizing small-scale farmers to share farming knowledge and to build mutual support in communities, clubs and associations
- Promoting improved value chains through access to processing and establishment of processing centres



## Health and Disease Prevention

- Combatting and preventing the spread of tuberculosis through combining community mobilization with providing access to health care to remote populations
- Supporting the adoption of better health practices by equipping people with adequate knowledge, enabling them to take control of their own health and help save the lives of others
- Raising awareness for nutrition, especially in maternal and child health, family planning and water and sanitation



## Community Development

- Creating better conditions for children through engaging families, communities and key local institutions to work together
- Strengthening local communities by establishing and strengthening community-based structures centered on sustainable development
- Building capacity in communities through skills development in various areas and supporting positive behavior change in order to take collective action and solve challenges together



## Sustainable Agriculture and Environment



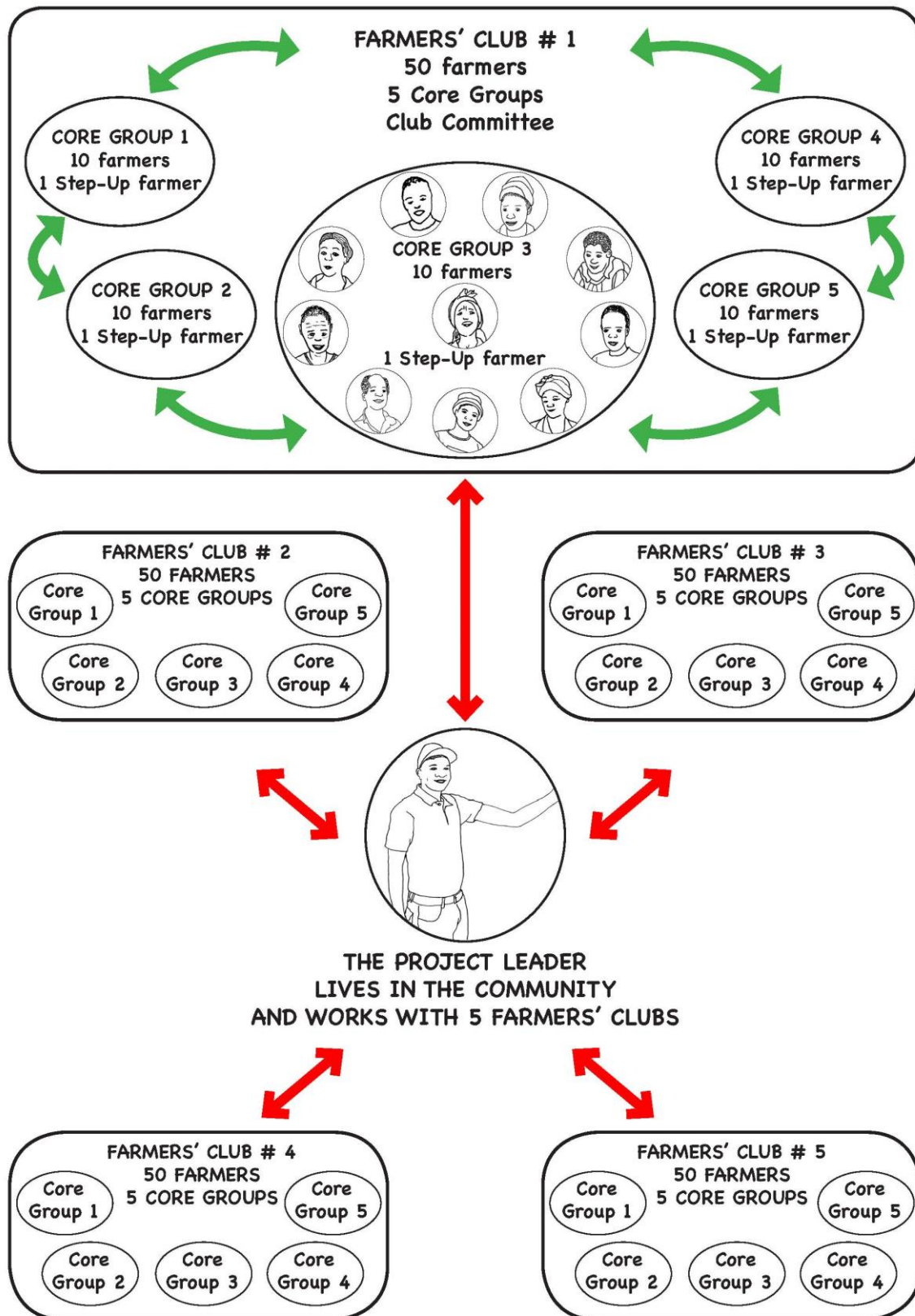
The projects' main objective is to mobilize, organize and train farmers to increase their production and thereby improve the livelihoods of their families. The farmers sign up as members in Farmers' Clubs of 50 farmers each. The Clubs are the basic project structure through which activities are implemented. The Farmers' Clubs concept aims at increasing food security, enhancing protection against lean seasons, diversifying crops, increasing income from cash crops and adopting climate-smart agricultural practices. The farmers commit themselves to the club's activities, learn from each other's experiences and drive development forward together.

Significant progress and sustainable results have been achieved:

- Farmers diversify the production in their fields and gardens and improve nutrition in their families
- Farmers increase resilience towards effects of climate change
- Farmers increase their income from sale of cash crops and animals and raise the value of their products through processing
- Farmers benefit from small-scale irrigation systems
- Farmers acquire new knowledge and adopt climate-smart agricultural practices
- Farmers increase their yields by implementing System of Rice Intensification (SRI) methodology
- All farmers improve their living standards and their families' well-being



## THE STRUCTURE OF FARMERS' CLUBS







## The Farmers' Clubs program in Khammouane

During 2018, Humana FPP started a new Farmers' Clubs project in Khammouane Province with funding from the EU, under the headline "Partnership for Increased Resilience and Improved Food and Nutrition Security of Vulnerable Communities in Khammouane Province".

The plan is to establish 100 Farmers' Clubs involving 5,000 small-scale farmers.

The Farmers' Clubs program works directly with farmers to increase yields, improve crop variation, raise product quality and develop simple and sustainable farming methods. It organizes and trains the farmers to collectively bargain for better seeds and transportation prices and to market their crops more effectively.

The Farmers' Clubs members are trained in diversification, and apart from rice most

farmers will grow 3 to 4 crops, vegetables, herbs, maize, cassava, and various fruits. They will be encouraged to practice inter-cropping to provide nutrients, improve the soil and keep away harmful insects.

Traditionally, the farmers would rely on only producing rice which renders families vulnerable to external shocks. If a harvest fails, or the yield is too low, food becomes scarce and the family suffers.

Even if the harvest is good and the farmers have enough to eat, lack of diversification causes the daily meals to lack protein, vitamins and minerals.

The project is carried out in close cooperation with provincial and district offices as well as the organization Health Poverty Action.



# Health and Disease Prevention



## Total Control of Tuberculosis

HPP Laos' TCTB project is people-centered, integrated and community based. The key of the project is to act as a catalyst for coordinated efforts among people to control and get rid of the disease.

Our approach builds on the experiences from several successful HIV/AIDS and TB interventions by members of the global Humana People to People Movement. As in all HPP Laos projects, the Field Officers live in the villages, gain the trust of people and seek active collaboration with and complicity from community members.





## The TCTB project - Active Tuberculosis Case Finding

### Raising awareness, screening and referring presumptive TB patients for testing

The project will run from 2018 to 2020, and funding is provided by the Global Fund through the National TB Center.

The project's objective is to raise awareness in 58 rural communities of Bolikhamxay on tuberculosis, to identify presumptive cases through screening, and to refer people to be tested in local Health Centers for diagnosis. Additional target villages will be added in 2019. A team of HPP Field Officers together with Health Centre volunteers are active in Pakkading and Bolikhan Districts. Villagers are invited to attend awareness meetings, and the project team screen households in areas of high presumed TB burden.

### Treatment adherence support

The Field Officers support diagnosed TB patients throughout their treatment of six to eight months in various ways. They establish TRIOs, comprising two family members or close friends and the TB patient, to ensure and facilitate treatment adherence. TRIOs are trained in nutrition-sensitive activities to boost and strengthen the patients' immune systems for quicker recovery and future disease prevention.

### Project rationale

- Authorities recognize that TB prevalence in Laos might be much higher than the statistics show
- Historically, few resources has been allocated to identification of TB cases from donors and authorities
- Many people in rural areas have poor

access to health clinics, and even severe TB cases are often not discovered and diagnosed

- Often TB patients are diagnosed randomly at hospitals, and often too late
- Families and neighbors are at great risk to be infected by undiagnosed TB patients
- Too many TB patients do not manage to adhere to the difficult treatment and have no support during recovery
- Most Health Centre staff are in need of training to recognise and discover TB cases



# Community Development



## Child Aid – Improving the lives of children

In 2011, HPP Laos started its quest to improve the lives for the under 5 years' old children. During the years 28,000 people in 19 villages have been mobilised and trained in Community Development Projects called Child Aid. The projects are focused on health, nutrition, hygiene and sanitation and income generation. The project staff mobilize and sign up people in the communities in Village Action Groups, that are encouraged, supported and organized to advance the situation for each of the member families in the village.

Each Village Action Group then selects two coordinators who are trained to lead the groups through the planned activities.

The project has been funded by a number of partners, both at local and global level.

Some of the main partners are:

Fundación Pueblo para Pueblo, Planet Aid Inc., Humana Second Hand Fundraising Projects, Lux Development, The German Embassy, US Embassy, Australia Embassy, Women's International Group (W.I.G), and various local enterprises.





### **Sustainable change:**

- Mothers of child bearing age increasingly use the local health centres during pregnancy and birth
- The families have been educated and trained to fight malnutrition and prevent stunting
- The Health Centres have immunised all the children
- The families understand the importance of sanitation, and more than 800 household toilets have been built
- All families have established or expanded their family garden to improve nutrition. Ten schools have established school gardens, where the children play an active role
- School toilets have been constructed
- Many families have started income generating activities, like sale of vegetables at the local markets, production of clothes, raising and sale of animals
- Three of the project villages were appointed Model Health Villages by the Provincial Government in 2017



# The Project Leaders

Key to Humana People to People projects is the Project Leaders. side the people, contributing to the solutions and building people's capacity

Each project is an independent unit with clearly defined goals and objectives. The to identify problems and organize the actions that can create development.

Project Leader is responsible for achieving the planned results together with the leadership of the movement. Their joint communities and with the project team. forces, common experiences, and support

Our projects are built on the idea that people are the driving force of their own of each other are the main strength of the organisation.

development and that sustainable change HPP and FPP currently employ 32 Project is created through a collaborative process. Leaders in Laos. Eight project leaders have

The Project Leaders are therefore been granted a one-year scholarship at recruited from local communities. They the Frontline Institute in Zimbabwe during live in the communities and work along- the time period of 2014 to 2018.





# Main Figures

## Key Programme Accomplishments

**88,000 people** in 160 villages have been reached

**6,000 farmers** have participated in the Farmers' Clubs program and improved their income, food security and general wellbeing

**3,196 families** have been active in the Child Aid programme

## Examples of the many results the programmes have achieved:

- 800 household toilets built
- 38 community wells constructed
- 4 villages received support for the re-establishment of community water supply
- 66,000 trees planted
- 2,674 home gardens established
- 25 families received 90 goats; now 60 families own more than 800 goats
- 20 women got sewing machines and were trained in sewing
- 1,000 families raised fish, frogs and poultry
- 1,267 children passed health checks
- 80% of women used health service
- 3,300 children learnt hand washing
- 10 school gardens have been implemented and add nutrients to the children's diet every day
- 69,600 rattan seedlings for income generation planted
- 100 farmers have implemented the SRI method and increased their rice production
- 4 villages have re-established their community water supply systems



- ★ Farmers' Clubs 2015-2017
- ★ Farmers' Clubs 2018-2020
- ★ TCTB 2018-2020
- ★ Child Aid 2011-2017

## Projects 2011-2018:

### Sustainable Agriculture:

- 3 Farmers' Clubs in 2 villages in Bolikhan District, Bolikhamxay Province
- 100 Farmers' Clubs in 6 districts in Khammouane

### Disease control and Health:

- 1 TC TB project, 58 villages in Bolikhan and Pakkading Districts, Bolikhamxay Province

### Community Development:

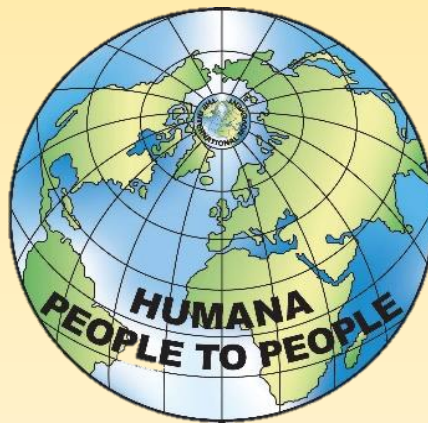
- Child Aid in 19 villages in Pakxan and Bolikhan Districts, Bolikhamxay Province

# About Humana People to People

Humana People to People is a network of 30 organisations engaged in international solidarity, cooperation and development in Africa, Asia, the Americas and Europe. Our development work is rooted in a commitment to fight alongside the poor in a collective process that supports the people to make changes, improve their lives and solve their problems. In 2017, 14 million people were reached by HPP programmes worldwide.

We believe that poverty can be overcome through coordinated, community-based approaches which combine education, adult literacy, improved livelihoods, increased production, health, women's empowerment and environmental protection.

With the base for the struggle being the poor engaged in changing their own fates, we join forces with them, with governments, and progressive forces nationally and internationally in a collective effort to transform and in the long run erase the existing conditions of the poor.



## **Humana People to People, Laos** **Humana Fundación Pueblo para Pueblo**

**Ban Huaysiat, Pakxan District, Bolikhamxay Province, Laos**

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